

## Winter 2023 Special Course Descriptions

### **ANTC 170 Antioch Seminar: Understanding Neuromyths and the Science of Learning**

This course will cover research and theories related to the fields of education and cognitive psychology. The students will be presented with research on neuromyths and their persistence in education, as well as seminal works and present research in the areas of cognitive and affective variables and their relationship to cognition and learning. Applications of these areas will also be presented.

### **FARM 101: Ecological Growing Practicum: Indoor Production Techniques on a Four Season Farm**

Contact course instructor, Bruce Linebaugh, for course description.

### **HIST 335 The History of an Institution: ACLU**

Contact course instructor, Kevin McGruder, for course description.

### **LIT 270 Special Topics in Literature: From Literature to Film**

This course introduces students to interpreting, discussing, and writing about the process of adapting literature to film. Readings are drawn from a broad variety of genres, locations, and contexts, with a focus on globally connected themes of culture and identity. Students will analyze and compare literary genres from tragic drama and screenplay to the short story and novel. This is a GLAA-sponsored course seeking to connect Antioch students with students from FLAME University, who will be analyzing the same play, screenplay, and short story. Students will be asked to keep a log of short responses, collaborate on one film review, and write one comparative or analytical paper on genre, audience, or cultural or historical context for their final. Media, art, or performance-oriented students will be given the option of creating their own adaptation of a literary work for their final.

### **LIT 360 Studies in American Literature: American Environmental Literature**

This course will analyze ideas of the nonhuman world, climate, and geography in American or Native American environmental literature, with an emphasis on Indigenous and climate fiction. From Leslie Marmon Silko's *Almanac of the Dead* to Kim Stanley Robinson's *New York 2140*, students will be encouraged to analyze ideas of time, nature, interdependence, collective continuance, resilience, and the politics of different forms of human impact on the environment. Analysis will also include poetry, music, essays, and media. Students will be encouraged to compare and analyze representations of the environment, time, space, and place along with social, political, and economic representations of climate and climate change. Short responses, class discussion, and two papers will provide the basis of assessment.

### **PHIL 230 Special Topics in Philosophy: Philosophy of Yoga**

In Sanskrit, the word "yoga" is derived from the verbal root yuj to yoke or to join. Yoga can be understood in different ways, as the restraint of the mind, or union of the mind and body; or as the union of the self with God, or the realization of the Self in absoluteness and liberation.

The philosophy of yoga traces back to the Vedas and Upanisads and lies at the heart of the Indian philosophical tradition. The Bhagavad Gita (arguably the most central text in Hindu thought) is Krishna's guidance of Arjuna in the different types of yoga. In this class we will be

studying Patanjali's Yoga Sutras in detail along with commentarial and contemporary exegesis of the text. We will also study the metaphysics and epistemology of the Yoga philosophy put forth by the Samkhya Sutra and Karikas. The Samkhya and Yoga darsanas or philosophical views are often combined into one 'school' of philosophy known as Samkhya-Yoga tradition. Yoga asanas and pranayamas (postures and breathing techniques) will be introduced and related to the sutras and their exegesis and the philosophical support and context for this practice. Yoga is considered a science by Patanjali and serious practitioners and in this class we will study the philosophy and science of yoga.

### **PSYC 295 Special Topics in Psychology: Trauma and Crisis Intervention**

The increase in incidents of individual, family, community, and public crises and trauma have cut across every dimension of the human experience. This course supports students in gaining conceptual, theoretical, therapeutic, and applied knowledge on the psychological sequela of trauma and crisis. This course prepares students to comprehend and understand the complexities of human diversity in response to trauma with a culturally responsive and trauma-sensitive framework. Students will gain an understanding of clinical best practices that pertain to different stages and types of trauma as a result of acute and complex crises and traumatic events. Students will learn the psychosocial factors associated with trauma response while receiving a general overview of the behavioral, cognitive, affective, and neurological implications of loss, crisis, and trauma. Students learn about historical and current national and international group trauma, the trans-generational effects of traumatic experiences, and the effects of trauma and crisis on individuals and families. Students will gain self-care strategies and develop knowledge about professional careers affiliated with assisting survivors of trauma and crisis through their recovery.

### **VISA 270 Special Topics in the Visual Arts: Poetic Technology**

Imagine the possibilities that technology offers in the production of ideas and the ways in which experience can be enhanced when the result is visible while the control remains hidden. What is possible when we incorporate a vast array of available technologies into the production of meaning? The result: Poetic Technologies. This set of tools allows us to produce experience, not a static object for consumption, to expand the reach of our work into areas made possible in this era of DIY, open-source, and maker communities that populate the web. Following the prerogative that our work is intended not to answer, but to ask, poetic technologies make possible a new form of magic, alchemy based in the limitless potential of each of our imaginations. This course will deepen students' grasp of the technical skills necessary for the production of new media art and will introduce myriad artworks that, together, chart a territory of possibility when using such media creatively. While technically demanding, this course will also address artistic precedents and the social potential of this type of creative practice.

### **WELL 101 Wellness Education**

This course is for students who wish to earn credit by engaging in weekly classes at the Wellness Center without a specific focus. Students may engage in any combination of weekly wellness classes with certified instructors, for a minimum of 25 clock hours (1500 minutes) per quarter. This class is limited to one credit per term. Students who wish to earn credit in a specifically named area (such as yoga, interval training, etc.) should instead register for those specific CLHW classes, if available. Students are also welcome to engage in Wellness Center classes without formally registering for a credit-bearing course. This course is repeatable for credit, but may not be taken

more than once per term. The TUES 7:00 AM time slot is used for attendance purposes only, the class does not actually meet at this time. Visit [wellnesscenter.antiochcollege.edu](https://wellnesscenter.antiochcollege.edu) for weekly class schedule.