

# ANTIOCH COLLEGE

## HEALTH AND WELLNESS RESOURCE GUIDE



## TABLE OF CONTENTS

### **1-2**

Local Healthcare

### **3-6**

Counseling Services

### **7-12**

Student Life Resources

### **13-21**

Off Campus Resources

### **22-26**

Helplines

### **27-29**

Queer Resources

### **30-32**

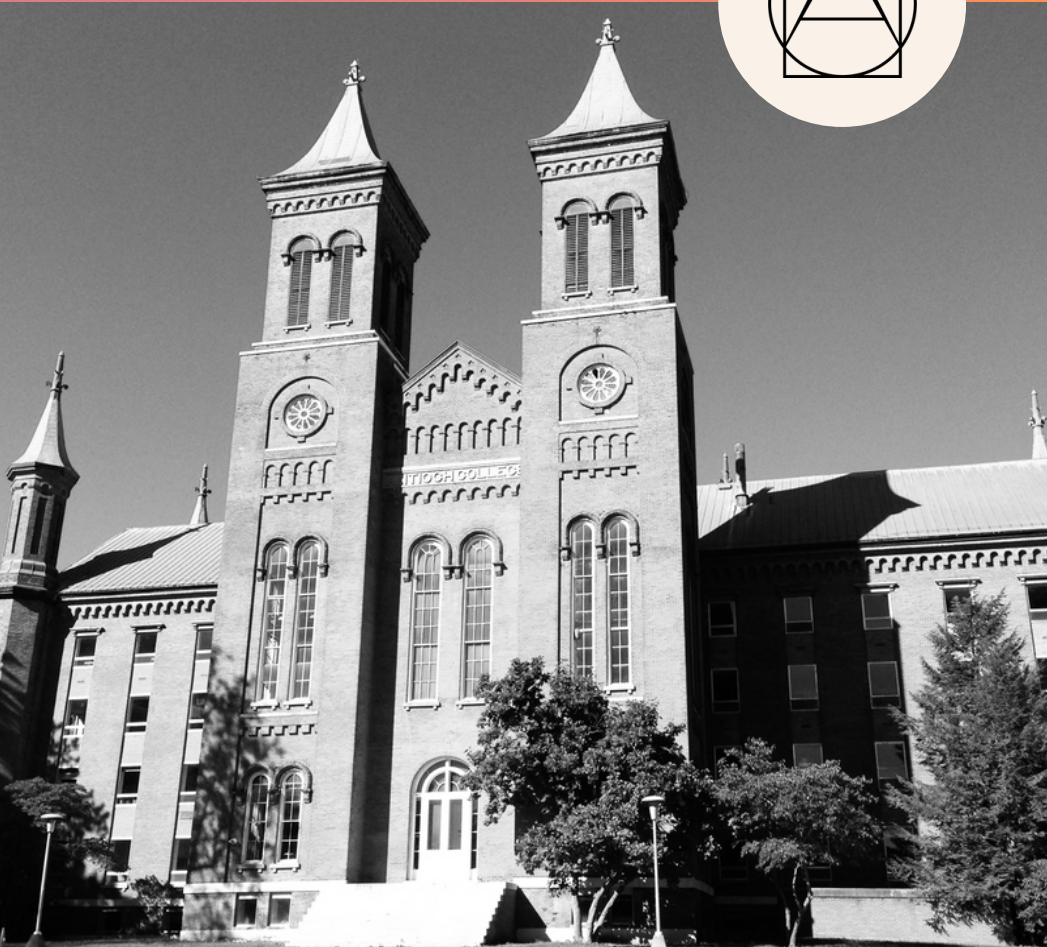
Spiritual Resources

### **33-34**

Financial Support

### **35**

Food Pantries



**FALL 2023**

**The Little Clinic (Fairborn Kroger)**

- 1161 E Dayton-Yellow Springs Rd, Fairborn, OH 45324
- (937) 318-3930
- Insurance: Accepts Cigna
- Has a pharmacy

**CareFirst Urgent Care (Fairborn)**

- 2131 Gateway Dr, Fairborn, OH 45324
- (937) 873-9500
- Insurance: Accepts Cigna

**Fairborn Medical Center**

- 2180 Gateway Dr Fairborn, OH 45324
- (937) 208-8155
- Insurance: Accepts Cigna

**Jennifer Otterbacher, DO****Shannon Lewis, APRN-CNP****Jeffrey Bell, APRN-CNP**

- Community Physicians of Yellow Springs
  - 888 Dayton St, Suite 200, Yellow Springs, OH 45387
  - (937) 767-7291
- Insurance: Accepts Cigna

**Soin Emergency Center**

- 3535 Pentagon Blvd, Beavercreek, OH 45431
- (937) 702-4500
- Insurance: Accepts Cigna

**Kettering Health On-Demand Care  
(Beaver View Health Center)**

- 3095 Dayton Xenia Rd, Beavercreek, OH 45434
- (937) 458-4200
- Insurance: Accepts Cigna

**CVS Minute Clinic (Beavercreek)**

- 1331 N Fairfield Rd, Beavercreek, OH 45432
- (866) 389-2727
- Insurance: Accepts Cigna

**Five Rivers Greene County Health Center**

- 360 Wilson Dr, Xenia, OH 45385
- (937) 708-3400
- Insurance: Accepts Cigna

**Kettering Health Greene Memorial**

- 1141 N Monroe Dr, Xenia, OH 45385
- (937) 352-2000
- Insurance: Accepts Cigna

**Planned Parenthood**

- Springfield Health Center:
  - 1061 N. Bechtle Ave, Springfield, OH 45504
  - (937) 325-7349
- Dayton Health Center:
  - 224 N Wilkinson St, Dayton, OH 45402
  - (937) 226-0780
- Insurance: Accepts Cigna
- Offers abortion referrals, birth control, free condoms, HIV services, LGBTQ services, men's and women's healthcare, emergency contraception, pregnancy testing and services, and STD testing, treatment, and vaccines. Telehealth available.



## Pennell House

Open 7am-8pm\*

*\*Students needing later access can call Public Safety.*

Pennell House is your one-stop shop for mental health support at Antioch. You can locate the department of Counseling Services on the second floor.



Access free-to-use spaces like the Peaceful Place and Book Nook on the second floor to relax and take a self-care break. There are even coloring sheets for your artistic pleasure!



## Kelsey Hofer, LPCC-S

Director of Counseling Services

Location: Pennell House, Room 21 (2nd Floor)

Hours: Monday-Friday, 9am-5pm

Phone: (937) 319-0070

Email: [counselingservices@antiochcollege.edu](mailto:counselingservices@antiochcollege.edu),  
[khofer@antiochcollege.edu](mailto:khofer@antiochcollege.edu)

Kelsey is a licensed counselor here to support you in seeking mental health care. She can:

- provide free scheduled counseling sessions and weekly drop-in hours
- help you locate outside resources
- answer questions about counseling programs



## What is Counseling?

Counseling is meeting with a licensed mental health professional (i.e. counselor) to work on building positive thinking processes and coping mechanisms to manage problems. Therapy can be used to address and treat mental illness, but not everyone who could benefit from therapy has a mental health diagnosis. Therapy can help with a variety of everyday problems and understandings oneself better.



## Student Support Circles

Antioch offers free group counseling at the Peaceful Place. A group of 4-8 students meets with a counselor with the expectation of confidentiality. These groups can be a means of healing and support among one's community and peers.

Groups previously offered include:

- Sexual Assault Support Group
- BIPOC Therapy Group
- Women's Support Group



## Celeste Hurley, MSW, LSW

FVPC Campus Advocate

Location: Pennell House, Room 24 (2nd Floor)

Hours: Thursdays 12-5pm

Email: [celeste.hurley@violencefreefutures.org](mailto:celeste.hurley@violencefreefutures.org)

Celeste is a licensed social worker for the Family Violence Prevention Center of Greene County (FVPC) and is an on-campus advocate for survivors of sexual violence. She provides both individual and group support to students, faculty, and staff free of charge.



## Residence Life

The office of Residence Life is located on the first floor of **North Hall**. If you need immediate assistance, you can find hung on the door the phone number of the Resident Assistant (RA) on duty.

For non-urgent matters, you can email Residence Life at: [reslife@antiochcollege.edu](mailto:reslife@antiochcollege.edu)

## Wellness Center

M-F: 6am-8pm  
Sat-Sun: 10am-6pm



The **Wellness Center** is the on-campus gym and activity center shared with the Yellow Springs community. It features a fitness floor, yoga studio, Olympic size pool, hot tub, and basketball and tennis courts, all free for student use.

## Independent Groups (IGs)

Student-led groups or IGs are encouraged at Antioch as a way to have fun and support one another. New IGs are being made every term. If you're interested in starting your own, the form can be found in the Community Government Shared Drive (see page 9). You'll need to provide a statement of purpose and collect five signatures. If approved, you could get a budget for snacks and supplies for events from Comcil.



## Weston Hall

**Weston Hall** is your student union. It is a space for students to study, relax, or socialize. IG meetings are often held here. Additionally, students can contact the student Event Coordinator to plan larger events in the building.

## Conflict Resolution

Student Affairs staff can assist with supporting student mediation in case of conflict. Email [deanofstudents@antiochcollege.edu](mailto:deanofstudents@antiochcollege.edu) for more information. See page 20 for off-campus mediation resources.

## Community Government

Everyone at Antioch has access to the Community Government (CG) Shared Drive. This drive contains forms, the updated student handbook, organizational charts, and ComCil minutes. To understand the process of community government here at Antioch College, access the “Other Resources” folder to find a PDF that provides explanation. If there are other resources you feel should live in the CG Shared Drive, please advise!



## The Academic Student Success Center

Email: [studentsupport@antiochcollege.edu](mailto:studentsupport@antiochcollege.edu)

The Olive Kettering Library is home to the Academic Student Success Center. Here you can access the **Writing Institute** which provides student resources and help from writing professors and tutors. Other services include disability accommodations (including Emotional Support Animals), tutoring services, academic planning, Southwestern Ohio Council for Higher Education help, textbook assistance, and more. The library contains computers, a printer, and writing supplies, so stop by for some studying and a cup of tea.

## ESA Policy

Students are permitted to have an Emotional Support Animal (ESA) in residence halls for a physical or mental disability with Student Success approval.

## Sexual Offense Prevention Policy (SOPP)

The SOPP is meant to protect students and enforce verbal affirmative consent when engaging sexually with another person. Reports of sexual misconduct can be directed to the Title IX Coordinator. To learn more about the Title IX process, contact the Title IX Coordinator or visit the Antioch College website.

Students should be aware that all Antioch College employees and Resident Assistants are mandatory reporters except for campus counselors and medical providers. Mandatory reporters are required to report all details of Antioch-related sexual misconduct reports they are made aware of to the Title IX Coordinator. Campus counselors and medical providers are confidential reporters. This means that they are not required to disclose reports of Antioch-related sexual misconduct to the Title IX Coordinator.

## Racial Discrimination Prevention Policy (RDPP)

The RDPP protects the rights of people of color (POCs) and promotes an anti-racist environment at Antioch. The college will investigate any claims of RDPP violations. The policy and other forms can be found on the Antioch College website.

## Public Safety

Phone: (937) 776-0660

Public Safety's campus security is responsible for handling emergencies and student concerns.

Contact Public Safety if:

- there is an emergency
- someone feels unsafe
- someone is locked out of a building



**Canvas**

Canvas has a lot of tools for students organization. The Calendar feature can map out your assignments and can even be exported to Google Calendar or iCal. You can turn notifications on in your Settings to alert you of grades, deadlines, announcements, and more.

**Google Calendar**



Google Calendar is a great resource to help you stay organized. Faculty and staff usually have their open hours and schedules listed on their calendar, making it easy to schedule meetings. Student Life and the Community Manager also use Google Calendar for events so keep an eye out!

## TELUS Health Student Support

(Formerly My SSP)

This free app for student support offers:

- Confidential mental health support with a counselor at no cost to you
- Speak with a counselor 24/7 via telephone or chat
- Telephone, video and in-person counseling by appointment for short-term support
- Language and lived-experience counselor-matching upon request
- Self-directed resources including articles, videos, assessments, virtual fitness and more
- Peer to peer community resources: connect with other students online to give and receive support in a safe environment
- Mental health assessments and psychiatry with referral from the Counseling Services Department
- Starting Sep 1: in-app appointments to speak with a medical professional

**Call. Chat. Anytime. Anywhere.**



Download the Student Support app today.



## 5 Levels of Care

There are 5 levels of mental health and substance abuse treatment, ordered from lowest to highest:

1. **Outpatient (OPT):** Meeting with a therapist or psychiatrist on a regular basis.
2. **Intensive outpatient (IOP):** Treatment requires more time and attention than outpatient, but does not require living in a facility.
3. **Partial hospitalization (PHP):** Often referred to as a day program or treatment, patients come to the facility daily or near daily for multiple hours per visit.
4. **Residential:** For stable patients who still need support for recovery. Patients live at the facility.
5. **Inpatient:** Provides stabilization after an acute emergency or crisis (e.g. suicide attempt or overdose), with the goal of transitioning the patient to a lower level of care once stable.

## Local Outpatient Therapy, Psychiatry, and Assessment

### Dr. Rose Mary Shaw, PsyD (she/her)

- Transitional Life Counseling, LLC at the Mindfully Well Center
  - 1525 Xenia Ave, Yellow Springs, OH 45387
- (937) 769-5019
- Insurance: Accepts Cigna
- Offers cognitive, memory, ADHD, qEEG, sleep disorders/insomnia, and personality evaluations and assessments

### Tracy Hunt, MEd, LPCC (she/her)

- Turning Inward, LLC
  - 100 Corry St, Yellow Springs, OH 45387
- (937) 530-4287
- Insurance: Accepts Cigna
- Queer and racial justice-allied counselor with expertise in depression, anxiety, stress, and more. Telehealth available.

### Wright State Psychological Assessment Services

- Health Sciences 117, 3640 Colonel Glenn Hwy, Dayton, OH 45435
- (937) 775-3490
- Insurance: None, payment is out of pocket
- Offers adult evaluations for ADHD, autism, and learning disorders

### Wright State Psychotherapy Clinic

- 2555 University Blvd, Fairborn, Ohio, 45324
- (937) 775-7792
- Insurance: None, \$40/\$20 for individual and group sessions
- Offers individual and group therapy for anxiety, depression, relationship issues, and trauma. Telehealth available.

### TCN Behavioral Health (Fairborn)

- 1825 Commerce Center Blvd, Fairborn, OH 45324
- (937) 376-8700
- Insurance: Accepts most, including Cigna
- Offers scheduled individual assessments, walk-in clinic, psychiatry, individual/family/couple/group counseling
- Multiple locations including Xenia and Kettering

### Rise Counseling Group

- 7031 Corporate Way, Suite 103, Dayton, OH 45459
- (937) 619-9089
- Insurance: Accepts Cigna
- Offers intake assessments for anxiety, depression, grief, and trauma, individual and couple's counseling, support groups



**Empower Psychology + Wellness**

- 8063 Washington Village Dr, Dayton, OH 45429
- (937) 294-6004
- Insurance: Accepts Cigna
- Offers ESA letters for established clients, psychological, behavioral, personality, academic, relational, and learning assessments, evaluations for autism, ADHD, intellectual/cognitive functioning, personality functioning, learning disorders, mood disorders, disruptive behaviors, executive skills, dyslexia, personality, I.Q., and readiness for bariatric surgery

**LifeStance Health Therapists & Psychiatrists (Fairborn)**

- 2900 Presidential Dr, Suite 100, Fairborn, OH 45324
- (216) 699-7055
- Insurance: Accepts Cigna
- Offers general mental health intake/assessments and individual therapy. Telehealth available.

**Simons Counseling Services Ltd**

- 1237 N Monroe Dr, Xenia, OH 45385
- (937) 562-3366
- Insurance: Accepts Cigna
- Offers individual, couples, and family counseling with focus on depression, anxiety, and trauma

**Mindfully (Centerville)**

- 10861 Yankee St. Dayton, Ohio 45458
- (937) 619-0800
- Insurance: Accepts Cigna
- Offers in-person (multiple Ohio locations) and telehealth services including counseling, peer support, psychiatry, DBT, and EMDR

**Local IOPs and PHPs****Beckett Springs Changes (Dayton)**

- 7909 Schatz Pointe Dr, Dayton, OH 45459
- (937) 518-6118
- Insurance: Accepts Cigna
- Offers intensive outpatient and partial hospitalization programs for mental health and/or addiction concerns. Telehealth available.

**Kettering Health Medical Group Behavioral Health (Beavercreek)**

- 4172 Indian Ripple Rd, Suite B, Beavercreek, OH 45440
- (937) 490-2090
- Insurance: Accepts Cigna
- Offers adult intensive outpatient program for mental health disorders

**Lidner Center of HOPE**

- 4075 Old Western Row Rd, Mason, OH 45040
- (513) 536-4673
- Insurance: Does not accept Cigna
- Offers partial hospitalization program for mental health disorders, intensive outpatient program for substance use and co-occurring disorders, partial hospitalization and intensive outpatient programs for eating disorders

**Local Residential Care****Lidner Center of HOPE**

- 4075 Old Western Row Rd, Mason, OH 45040
- (513) 536-4673
- Insurance: Does not accept Cigna
- Offers a variety of adult residential treatment programs for mental health and addiction

**Monarch Health & Recovery, LLC**

- 22664 St Rt 73, West Portsmouth, OH 45663
- (740) 858-6690
- Insurance: Accepts Cigna
- The Monarch House provides around-the-clock addiction treatment for adults.

## Local Inpatient Care

**Kettering Health Behavioral Medical Center**

- 5350 Lamme Rd, Moraine, OH 45439
- (937) 534-4600
- Insurance: Accepts Cigna
- Offers acute mental health and co-occurring (mental health and substance use) inpatient adult care with services including group and individual therapy, occupational, recreational, and substance abuse therapy, and medication management

**Beckett Springs (Cincinnati)**

- 8614 Shepherd Farm Dr, West Chester, OH 45069
- (513) 525-5014
- Insurance: Accepts Cigna
- Offers a detox center and inpatient programs for mental health and addiction crises. Services include assessments, medication management, wellness and recreational activities, and individual and group therapy

## Eating Disorder Support

**ANAD Online Support Groups**

- General and focused virtual support groups for recovery. Focuses include LGBTQ+, BIPOC, larger bodies, and other categories.
- Where: Zoom, register at: [anad.org/get-help/about-our-support-groups](https://anad.org/get-help/about-our-support-groups)
- When: Varies by group

**Eating Disorder Foundation Online Support Groups**

- Virtual support groups with focuses including 18+, LGBTQ+, men, and more.
- Where: Zoom, register at: [eatingdisorderfoundation.org/get-help/support-groups](https://eatingdisorderfoundation.org/get-help/support-groups)
- When: Varies by group

**The Emily Program**

- 8001 Ravines Edge Court, Columbus, OH 43235
- 888-364-5977
- Insurance: Accepts Cigna
- Services include in-person or virtual outpatient, intensive outpatient, and partial hospitalization eating disorder treatment open to any gender with options for individual and group therapy, nutritional evaluation and counseling, medical services, and psychiatric services.

**The Renfrew Center**

- Online program: [renfrewcenter.com/at-home](https://renfrewcenter.com/at-home)
- 1-800-736-3739
- Insurance: Accepts Cigna
- Renfrew@Home offers virtual eating disorder treatment for adolescent and adult female, trans, and non-binary individuals with programs including weekly outpatient therapy groups, intensive outpatient, and day treatment.

## Sexual/Domestic/Family Violence Support

### Family Violence Prevention Center of Greene County (FVPC)

- 380 Bellbrook Ave, Xenia, OH 45385
- (937) 372-4552
- Offers free services for domestic violence and sexual assault survivors such as intervention, counseling, and emergency housing
- Serves all of Greene County

### Project Woman

- 525 E Home Rd, Springfield, OH 45503
- (937) 328-5308
- Offers free mental health & recovery services for domestic violence and sexual assault survivors, individual & group counseling, case management, emergency housing
- Serves Springfield

### Artemis Center

- 310 W Monument Ave, Dayton, OH 45402
- (937) 461-4357
- Offers free domestic and family violence services including advocacy, intervention, legal assistance, and individual and group therapy
- Serves Montgomery County

### YWCA Dayton

- 141 W Third St, Dayton, OH 45402
- (937) 461-5550
- Offers free around-the-clock services to survivors of domestic violence, sexual assault, human trafficking, stalking, and other forms of intimate-partner and gender-based violence including emergency shelter, case management, counseling, and community resources
- Serves Montgomery County

### TCN Soteria House

- Bellefontaine, OH 43311
- (937) 404-2365
- Free temporary housing with 24-hour security for all survivors of sexual assault and/or domestic violence. Location is undisclosed and offers services such as case management, advocacy, counseling, and resource linkage

### Cynthia Shaw, LPCC (she/her)

- Teletherapy based in Yellow Springs, OH
- (937) 776-4087
- Insurance: Accepts Cigna
- Trauma-informed counselor with experience treating survivors of childhood sexual abuse

### Alexandra House: Sexual Violence Virtual Support Group

- Free and confidential virtual support group for any survivors of sexual abuse or assault aged 16+
- 8-week program with Zoom sessions Tuesdays 7:30-9pm
- Register at [alexandrahouse.org/support-groups](https://alexandrahouse.org/support-groups)

## Conflict Resolution

### Village Mediation Program

- 100 Dayton St, Yellow Springs, OH 45387
- (937) 318-1542 or [mediation@yso.com](mailto:mediation@yso.com)
- VMP is a Yellow Springs community organization dedicated to promoting peaceful methods of conflict resolution. They offer mediation, facilitation, and consultation services.

## AA/NA Meetings

### Alcoholics Anonymous (AA)

- Liberty Tower #211, 120 W. Second St, Dayton, OH 45402
- (937) 222-2211
- Point of contact for local resources, go to [aadaytononline.org](http://aadaytononline.org) for information and meeting times

### Narcotics Anonymous (NA)

- Wesley Community Center, 3730 Delphos Ave, Dayton, OH 45417
- (937) 833-6262
- Point of contact for local resources, go to [dascna.org](http://dascna.org) for information and meeting times

### Yellow Springs AA Group (Rockford Chapel)

- 515 President St, Yellow Springs, OH 45387 (building behind Weston Hall)
- Free open in-person weekly meetings Sundays at 7pm

### Winter Street AA Group (United Methodist Church)

- 202 S Winter St, Yellow Springs, OH 45387
- Free open in-person weekly meetings Mondays at 8pm

### The Hope Spot (AA/NA Meetings)

- 2960 W. Enon Rd, Door 28, Xenia, OH 45385
- (937) 352-6367
- Free daily meetings, go to [thehopespot.org](http://thehopespot.org) for more information

### All Inclusive AA Group (Dayton LGBT Center)

- 136 N St Clair St, Dayton, OH 45402
- (937) 274-1776
- Free in-person weekly meetings Mondays at 7pm for members and allies of the LGBTQIA+ community

*ALL of the following helplines offer free, 24/7 availability.*

## Mental Health or Addiction Emergency

An emergency is a life-threatening situation in which a person is actively trying to harm themselves or others. Examples include an active suicide threat, threatening harm on self or others, or a suspected drug overdose.

Call 911 for an emergency

## Mental Health or Addiction Crisis

A crisis is a non life-threatening situation where intervention is possible without immediate police or medical response. Examples include talking about suicide, planning harm to oneself, overuse of substances, or severe emotional distress.

Call 988 for a crisis





## Suicide Prevention/Crisis Hotlines

National Suicide Prevention Hotline

- 1-800-273-8255
- *English and Español*

Dayton Suicide Prevention

- 937-226-0818

TCN Behavioral Health Crisis Hotline

- 937-376-8701

Crisis Text Line

- Text HOME to 741741

## Sexual/Domestic/Family Violence Hotlines

National Domestic Violence Hotline

- 1-800-799-7233 or Text START to 88788
- *English and Español*

National Sexual Assault Hotline (RAINN)

- 1-800-656-4673

Artemis Center Domestic Violence Hotline

- 937-461-4357

Project Woman Crisis Hotline

- 1-800-634-9893

FVPC Crisis & Support Hotline

- 937-426-2334 or Text 937-347-5917

YWCA Dayton Crisis Hotline

- 937-222-7233

## LGBTQ+ Hotlines

LGBT National Hotline

- 1-888-843-4564

Trevor Project Crisis Hotline

- 1-866-488-7386 or Text START to 678678

Trans Lifeline

- 877-565-8860
- *English and Español*

## BIPOC Hotlines

BlackLine

- 800-604-5841

Crisis Text Line

- Text STEVE to 741741 to connect with a BIPOC counselor

## Human Trafficking Hotlines

National Human Trafficking Hotline

- 888-373-7888
- *English and Español, +200 more languages*

Project Woman Crisis Hotline

- 1-800-634-9893

## Addiction Hotlines

SAMHSA National Helpline

- 1-800-662-4357
- *English and Español*

TCN Behavioral Health Crisis Hotline

- 937-376-8701

## Eating Disorder Hotlines

ANAD Helpline

- 630-557-1330

Crisis Text Line

- Text NEDA to 741741

## Mental Health Hotlines

National Mental Health Hotline

- 866-903-3787

SAMHSA National Helpline

- 1-800-662-4357
- *English and Español*

Ohio CareLine

- 1-800-720-9616

Crisis Text Line

- Text MHA to 741741

NAMI Text Line

- Text NAMI to 741741

For a comprehensive list, see [Antioch's LGBTQIA+ Resource Guide](#) or go to [linktr.ee/AntiochQueerCenter](http://linktr.ee/AntiochQueerCenter).

## Healthcare Resources

### Equitas Health

- 1222 S Patterson Blvd, Suite 230, Dayton, OH 45402
- (937) 853-3650 | After hours care: (937) 853-3650
- Offers: LGBTQ+ healthcare throughout Ohio with services including primary care, free walk-in HIV testing, STI testing and treatment, specialized HIV care, PrEP care, gender affirming care, mental health counseling, addiction and recovery treatment, survivor support, a pharmacy, and dentistry services. Telehealth available.
- [equitashealth.com](http://equitashealth.com)

### Planned Parenthood

- Springfield Health Center:
  - 1061 N Bechtle Ave, Springfield, OH 45504
  - (937) 325-7349
- Dayton Health Center:
  - 224 N Wilkinson St, Dayton, OH 45402
  - (937) 226-0780
- Insurance: Accepts Cigna
- Offers abortion referrals, birth control, free condoms, HIV services, LGBTQ services, men's and women's healthcare, emergency contraception, pregnancy testing and services, and STD testing, treatment, and vaccines. Telehealth available.
- [plannedparenthood.org](http://plannedparenthood.org)

## Mental Health Resources

### The Trevor Project

- Provides 24/7 crisis support to LGBTQ+ youth, an online resource center, and access to counseling services
- [thetrevorproject.org](http://thetrevorproject.org)

### Trans Lifeline

- Grassroots hotline and microgrant organization that provides direct emotional and financial support to trans people experiencing crises
- [translifeline.org](http://translifeline.org)

### Rest for Resistance Zine

- Online mental health zine designed by queer and trans people of color, offering supportive stories and healing modalities
- [restforresistance.com/read](http://restforresistance.com/read)

### Logan Fang, LPCC (they/them)

- Teletherapy based in Columbus, OH
- (614) 714-5650
- Insurance: Accepts Cigna
- Non-binary bilingual (English/Mandarin) counselor specializing in LGBTQIA+ and BIPOC mental health concerns with other focuses including depression, anxiety, PTSD, ADHD, stress, and religious trauma

### Mackenzie Lane, LSW (she/they)

- Teletherapy based in Dayton, OH
- (937) 204-3858
- Insurance: Accepts Cigna
- WOC counselor providing LGBTQ+ affirming, social justice-oriented therapy with expertise in a range of mental health concerns

### Alejandro Martinez, MSW, LISW (he/him)

- Teletherapy based in Lakewood, OH
- (216) 238-2915
- Insurance: Accepts Cigna
- Queer bilingual (English/Espanol) counselor specializing in Latinx and LGBTQ+ populations

## Community Resources

### Greater Dayton LGBT Center

- 136 N St Clair St, Dayton, OH 45402
- (937) 274-1776
- Offers free resources and referrals, support groups, free confidential HIV/STI testing, and events for advocacy, education, and wellness
- [daytonlgbtcenter.org](http://daytonlgbtcenter.org)

### Have A Gay Day

- 1902 Needmore Rd, Dayton, Ohio 45414
- (937) 952-5715
- Non-profit organization serving LGBTQ+ and ally communities with free resources including a community center and emergency housing
- [haveagayday.org](http://haveagayday.org)

### Equality Ohio

- (614) 224-0400
- Statewide LGBTQ+ advocacy and legal aid organization offering free legal services
- [equalityohio.org](http://equalityohio.org)

### TransOhio

- Provides services, education, support, and advocacy to transgender and ally communities in Ohio
- [transohio.org](http://transohio.org)

### Buckeye Region Anti-Violence Organization (BRAVO)

- 750 E Long St, Columbus, OH, 43203
- (866) 862-7286
- A division of Equitas Health dedicated to providing advocacy and support to LGBTQ+ survivors of hate and bias violence, discrimination, intimate partner violence, stalking, and/or sexual assault
- [bravo.equitashealth.org](http://bravo.equitashealth.org)

*For more resources, refer to [Antioch's website](#).*

## Christian Resources

### First Presbyterian Church

- 314 Xenia Ave, Yellow Springs, OH 45387
- (937) 767-7751
- [facebook.com/FPCYS](https://facebook.com/FPCYS)

### Yellow Springs United Methodist Church

- 202 South Winter Street, Yellow Springs, OH 43587
- (937) 767-7560
- [facebook.com/ysunitedmethodistchurch](https://facebook.com/ysunitedmethodistchurch)

### First Baptist Church

- 600 Dayton St, Yellow Springs, OH 45387
- (937) 767-7659
- [fbcys.com](http://fbcys.com)

### St. Paul Catholic Church

- 308 Phillips St, Yellow Springs, OH 45387
- (937) 372-3193
- [stpaulyellowsprings.org](http://stpaulyellowsprings.org)

### Central Chapel AME Church

- 411 S High St, Yellow Springs, OH 45387
- (937) 767-3061
- [ccamechurch.org](http://ccamechurch.org)

### Yellow Springs Friends Meeting

- 515 President St, Yellow Springs, OH 45387 building behind Weston Hall)
- (937) 767-1312
- [facebook.com/yellowspringsfriendsmeeting](https://facebook.com/yellowspringsfriendsmeeting)



**Assembly of God Christian Center**

- 324 E Dayton Yellow Springs Rd, Yellow Springs, OH 45387
- (937) 767-9133
- [yschristiancenter.weebly.com](http://yschristiancenter.weebly.com)

## Buddhist Resources

**Yellow Springs Dharma Center**

- 502 Livermore St, Yellow Springs, OH 45387
- (937) 767-9919
- [ysdharma.org](http://ysdharma.org)

## Jewish Resources

**Yellow Springs Havurah**

- 515 President St, Yellow Springs, OH 45387 (building behind Weston Hall)
- (937) 767-7549
- [groups.io/g/ysh](http://groups.io/g/ysh)

## Hindu Resources

**Hindu Temple of Dayton**

- 2615 Temple Ln, Beavercreek, OH 45431
- (937) 429-4455
- [daytontemple.com](http://daytontemple.com)

## Islamic Resources

**Islamic Community Center**

- 299 E Market St, Xenia, OH 45385
- (937) 768-9150
- [facebook.com/Islamic-Community-Center-of-Xenia-110604870575608](https://facebook.com/Islamic-Community-Center-of-Xenia-110604870575608)

**Miami Valley Islamic Association of Springfield**

- 1800 S Burnett Rd, Springfield, OH 45505
- (937) 322-3266
- [facebook.com/MiamiValleyIslamicAssoc](https://facebook.com/MiamiValleyIslamicAssoc)

## Other Resources

**Springs Gate Ministries**

- 445 W S College St, Yellow Springs, OH 45387
- (937) 767-9262
- [springsgateministries.org](http://springsgateministries.org)

**Yellow Springs Bahai Faith**

- 502 Dayton St Yellow Springs, OH 45387
- (937) 767-7079
- [ohiobahai.org/news/yellow-springs](http://ohiobahai.org/news/yellow-springs)

**Unitarian Universalist Fellowship of Yellow Springs**

- 2884 US-68, Yellow Springs, OH 45387
- (937) 372-5613
- [uuf-ys.org](http://uuf-ys.org)

**House of Ravenwood Tarot Readings**

- 100 Corry St, Yellow Springs, OH 45387
- (937) 767-2819
- [facebook.com/houseofravenwood](https://facebook.com/houseofravenwood)

## Antioch Funds

*(For students with financial need)*

- **Alumni of Courage for Diversity Fund:** One-time awards of \$500. Awards assist with expenses over cooperative education term, attendance at conferences, etc. Students submit proposal that is reviewed by an award committee. Funding from Alumni of Courage for Diversity Affinity Group. Contact Matthew Dec, Director of Financial Aid.
- **Campus Pride Fund:** One-time awards of \$500. Awards assist with expenses over cooperative education term, attendance at conferences, etc. Students submit a proposal that is reviewed by an award committee.
- There may be additional resources to assist students in times of financial crisis. For more information, email [deanofstudents@antiochcollege.edu](mailto:deanofstudents@antiochcollege.edu).

## Local Funds

- **The Feminist Health Fund:** A non-profit group that offers assistance to women 18 years and older who live in Greene County, Ohio, for health related expenses during times of financial hardship. Online application can be found at: [feministhealthfund.org](http://feministhealthfund.org).



## Florence Randolph

**YSPD Community Outreach  
Specialist**

**Location:** Pennell House, Room 24 (2nd Floor)

**Hours:** 1st and 3rd Wednesdays 1-3pm

**Phone:** (937) 767-3716

**Email:** [frandolph@vil.yellowsprings.oh.us](mailto:frandolph@vil.yellowsprings.oh.us)

Florence partners with Antioch to provide resources to help meet community needs. Prior areas of support have included transportation to appointments, help with off-campus housing, locating additional food resources, and support with finding clothing. Due to her limited time on campus she does not maintain an Antioch calendar, so email is typically the best option to reach her.

For more options, reach out to Florence Randolph (contact on page 34) or search online for "[Greene County Food Pantry Listing](#)."

## **Yellow Springs Community Food Pantry**

- Open 2nd and 4th Thursdays 2-4pm
- 202 South Winter St, Yellow Springs, OH 45387
- (937) 510-6030
- [facebook.com/YS-Community-Food-Pantry-107609201139572](https://www.facebook.com/YS-Community-Food-Pantry-107609201139572)

## **First Baptist Church**

- Drop box
- 600 Dayton St, Yellow Springs, OH 45387
- (937) 767-7659

## **First Presbyterian Church**

- Drop box
- 314 Xenia Ave, Yellow Springs, OH 45387
- (937) 767-7751

## **Greene County FISH Pantry**

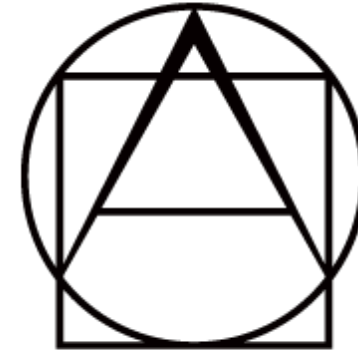
- Open Wednesdays and Thursdays 12-3pm, 2nd and 4th Saturdays 9-11am
- 774 Cincinnati Ave, Xenia, Ohio 45385
- (937) 372-8441
- [facebook.com/greencountyfishpantry](https://www.facebook.com/greencountyfishpantry)

## **Second Harvest Food Bank CCL**

- Open Fridays 12-2pm, 3rd Friday is a drive-thru pantry
- 20 N Murray St, Springfield, OH 45503
- (937) 325-8715
- [theshfb.org](https://www.theshfb.org)

## **The Foodbank, Inc**

- Drive-thru pantry open Wednesdays 9-11am
- 56 Armor Pl, Dayton, OH 45417
- [thefoodbankdayton.org/drive-thru](https://www.thefoodbankdayton.org/drive-thru)



# ANTIOCH COLLEGE

This resource guide, continually updated every quarter, was originally created by co-op student Cara Stedman '22, redesigned by Counseling Services intern Lucy Anderson (Miami University '23), and is maintained by Kelsey Hofer, LPCC-S, Director of Counseling Services.

Suggestions? Please email  
[counselingservices@antiochcollege.edu](mailto:counselingservices@antiochcollege.edu)