

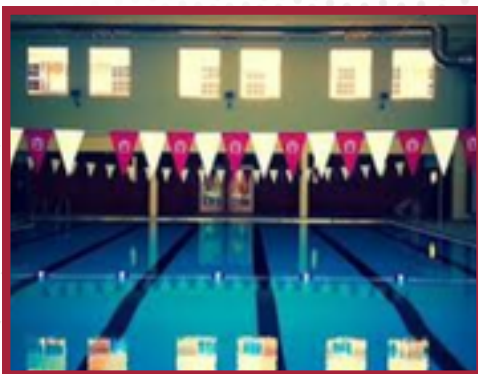
ANTIOCHIAN JOURNAL



CO-OP

February 20 is the deadline to submit final Self-Design Co-op Proposal. Please note that signed Employer/Mentor Verification Forms are due along with the proposal.

February 22 is when Spring Quarter registration opens. Don't forget to complete the Co-op Agreement Form prior to registering for a spring Co-op Field Experience course.



ANNOUNCEMENTS

Visit the Wellness Center!
The pool and spa are now open.

Don't forget to check out what classes are available including Pilates, yoga, and Jiu-Jitsu.

Thursday

February 19

2026



WEEK 7

GET INVOLVED

EVENTS

2.19

Counseling Drop In Hours : Clinician **De'ja Bush** - Thursdays 4 PM - 5 PM in McGregor Room #234.
For Clinician **Micki Cole** - Saturdays 12 PM - 1 PM in Pennell Hall.

2.21

2.20

Rhythm and Release Dance Class at the John Bryan Center on Friday from 6:30 PM -8 PM

2.20

Poet Ross Gay with Janan Alexandra at the Herndon Gallery!
Time: 7 PM to 9 PM

2.21

Mad River Theater Works presents: "No More Knocking" at the Herndon Gallery
Time: 7 PM to 9 PM